

OK Enen 25 manna 2023 2
2023-10-07

Lag Tält
124 43

Sträcka	Löpare	Klass	Begränsning	Svårighet	Längd	Ber. start	Ber. tid/km	Ber. tid	Ber. Mål	Start tid	Löp Tid	Plats	Tid	Min/km	Skillnad mot ber.
1	Mattias Olofsson	H21	Alla	Blå	7,9	09:00:00	00:07:00	00:55:18	09:55:18	09:00:00	00:50:52	185	09:50:52	00:06:26 -	00:04:26
2	Malva Steen	D21	Damer	Blå	5,2	09:55:18	00:07:30	00:39:00	10:34:18	09:50:52	00:39:53	166	10:30:45	00:07:40 +	00:00:53
3.1	Thula Fridvall	D16	Ej H17-49	Orange	4,1	10:34:18	00:12:00	00:49:12	11:23:30	10:30:45	00:50:30	203	11:21:15	00:12:19 +	00:01:18
3.2	Amanda Rådström	D18			4,1	10:34:18	00:11:00	00:45:06	11:19:24	10:30:45	00:53:55		11:24:40	00:13:09 +	00:08:49
3.3	Mikael Berg	H16			4,1	10:34:18	00:10:00	00:41:00	11:15:18	10:30:45	00:37:28		11:08:13	00:09:08 -	00:03:32
3.4	Patrik Steen	H55			4,1	10:34:18	00:09:00	00:36:54	11:11:12	10:30:45	00:36:30		11:07:15	00:08:54 -	00:00:24
4.1	Wilhelm Lindqvist	H14	Ej D19-44, H15-59	Vit	2,8	11:11:12	00:12:00	00:33:36	11:44:48	11:07:15	00:28:21	209	11:35:36	00:10:07 -	00:05:15
4.2	Albin Hulkko	H14			2,8	11:15:18	00:12:00	00:33:36	11:48:54	11:08:13	00:26:47		11:35:00	00:09:34 -	00:06:49
4.3	Elisa Olofsson	D18			2,8	11:19:24	00:10:00	00:28:00	11:47:24	11:21:15	00:31:19		11:52:34	00:11:11 +	00:03:19
4.4	Hillevi Larsson	D18			2,8	11:23:30	00:09:00	00:25:12	11:48:42	11:24:40	00:25:03		11:49:43	00:08:57 -	00:00:09
5.1	Glenn Källström	H21	Alla	Blå	6,6	11:44:48	00:09:30	01:02:42	12:47:30	11:35:00	01:07:25	218	12:42:25	00:10:13 +	00:04:43
5.2	Albin Westerberg	H18			6,6	11:47:24	00:09:00	00:59:24	12:46:48	11:35:36	01:06:26		12:42:02	00:10:04 +	00:07:02
5.3	Rasmus Steen	H21			6,6	11:48:42	00:08:30	00:56:06	12:44:48	11:49:43	01:04:22		12:54:05	00:09:45 +	00:08:16
5.4	Mats Bäckström	H60			6,6	11:48:54	00:08:00	00:52:48	12:41:42	11:52:34	01:01:51		12:54:25	00:09:22 +	00:09:03
6.1	Elisabeth Lindblom Larsson	D50	Damer	Röd	4,8	12:41:42	00:13:00	01:02:24	13:44:06	12:42:02	01:06:39	208	13:48:41	00:13:53 +	00:04:15
6.2	Boel Fogelmark	D21			4,8	12:44:48	00:12:30	01:00:00	13:44:48	12:42:25	00:59:58		13:42:23	00:12:30 -	00:00:02
6.3	Erika Hammarlind	D35			4,8	12:46:48	00:11:00	00:52:48	13:39:36	12:54:05	00:47:34		13:41:39	00:09:55 -	00:05:14
6.4	Lena Rydh	D45			4,8	12:47:30	00:10:00	00:48:00	13:35:30	12:54:25	00:53:45		13:48:10	00:11:12 +	00:05:45
7.1	Joachim Hellquist	H45	Alla	Röd	5,5	13:35:30	00:10:30	00:57:45	14:33:15	13:41:39	00:49:05	209	14:30:44	00:08:55 -	00:08:40
7.2	Carl Dinges	H45			5,5	13:39:36	00:10:00	00:55:00	14:34:36	13:42:23	00:47:57		14:30:20	00:08:43 -	00:07:03
7.3	Andreas Fridvall	H45			5,5	13:44:06	00:09:00	00:49:30	14:33:36	13:48:10	00:45:35		14:33:45	00:08:17 -	00:03:55
7.4	Anders Jonsson	H40			5,5	13:44:48	00:09:00	00:49:30	14:34:18	13:48:41	00:51:31		14:40:12	00:09:22 +	00:02:01
23	Per Ågren	H55	Ej D21-39. H17-54	Orange	4,2	14:34:36	00:07:30	00:31:30	15:06:06	14:40:12	00:38:46	193	15:18:58	00:09:14 +	00:07:16
24	Andreas Eng	H45	Alla	Blå	9,2	15:06:06	00:07:00	01:04:24	16:10:30	15:18:58	01:12:51	191	16:31:49	00:07:55 +	00:08:27
25	Camilla Adlerteg	D55	Damer	Blå	6,4	16:10:00	00:09:00	00:57:36	17:07:36	16:10:00	00:53:09	185	17:03:09	00:08:18 -	00:04:27

Rep 16:00:00
Omstart 16:10:00

Reserver:

Anders Södersten H40
Gun Kristensson D50